

OAK RIDGE MISSIONARY BAPTIST CHURCH



21 DAY FASTING & PRAYER

MARCH 6TH - 27TH

"Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded" James 4:8 (KJV)



HE'S WORTHY OF PRAISE

So I turned to the Lord God and pleaded with him in prayer and petition, in fasting, and in sackcloth and ashes. 4 I prayed to the Lord my God and confessed

-Daniel 9:3-4 NIV

Devotional

Daniel is praying for the rebellious people of his country whose interest is only in pleasing themselves and their desires. As the answer to counter what they are doing, he breaks out in praise and worship to God because He knows regardless of the situation, God is worthy to be praised! Church, remember that we should always find mercy and grace at the feet of Jesus through prayer and thanksgiving! We should always begin our prayers with praise and thanksgiving to Jesus, who alone is worthy of glory, honor, and praise.

Prayer

Thank you, Lord, for yet another day to worship and praise Your holy Name. Thank You for another day in Your presence; we give You glory and desire to please You as we meditate on Your goodness. For you have done great things for us, and we lift your Name on high, in that Name above all Jesus Christ, we pray, Amen and Amen!



CONFESSION IS GOOD FOR THE SOUL

We have sinned and done wrong. We have been wicked and have rebelled; we have turned away from your commands and laws.

-Daniel 9:5 NIV

Devotional

Praise can bring strength to our lives because usually, trouble is not far behind. This apparently happened to Daniel because he confesses their sins and disobedience against God and His righteousness. Confession allows you and I to agree with what our Lord already knows about us. Thus, we agree with Him, and we move forward in Him!

Prayer

My Lord and My Savior, I thank You for all that You have done, are doing, and are going to do in our lives. We admit our faults and failures before you right now because you alone are the standard that we live by and strive to be; thank you for forgiveness and mercy in Jesus' Name, I pray. Amen!



FORGIVENESS RELEASES US

17 "Now, our God, hear the prayers and petitions of your servant. For your sake, Lord, look with favor on your desolate sanctuary. 18 Give ear, our God, and hear; open your eyes and see the desolation of the city that bears your Name. We do not make requests of you because we are righteous, but because of your great mercy. 19 Lord, listen! Lord, forgive! Lord, hear and act! For your sake, my God, do not delay, because your city and your people bear your Name."

-Daniel 9:17-19 NIV

Devotional

Daniel is laboring in prayer for his concern for what is happening in his city. His focus is on forgiveness and asking God to touch the hearts and minds of his people specifically. Because we are his children and the sheep of his pasture, we have experienced His forgiveness through Jesus Christ because He hears our cries and petitions; accept His love and allow yourself to be free because you are forgiven!

Prayer

Father, You are everlasting to everlasting, and we thank you for grace and mercy! We give you praise for loving us and freeing us from the penalty of sin and shame. God, as I fast and pray, give me a clean heart and clear my conscience to forgive myself as You have displayed forgiveness toward me. Thank you for repentance and restoration in that Name above all names, Jesus, my redeemer, Amen!



SACRIFICING FOR STRENGTH

11 Daniel then said to the guard whom the chief official had appointed over Daniel, Hananiah, Mishael, and Azariah, 12 "Please test your servants for ten days: Give us nothing but vegetables to eat and water to drink. 13 Then compare our appearance with that of the young men who eat the royal food, and treat your servants in accordance with what you see." 14 So he agreed to this and tested them for ten days.

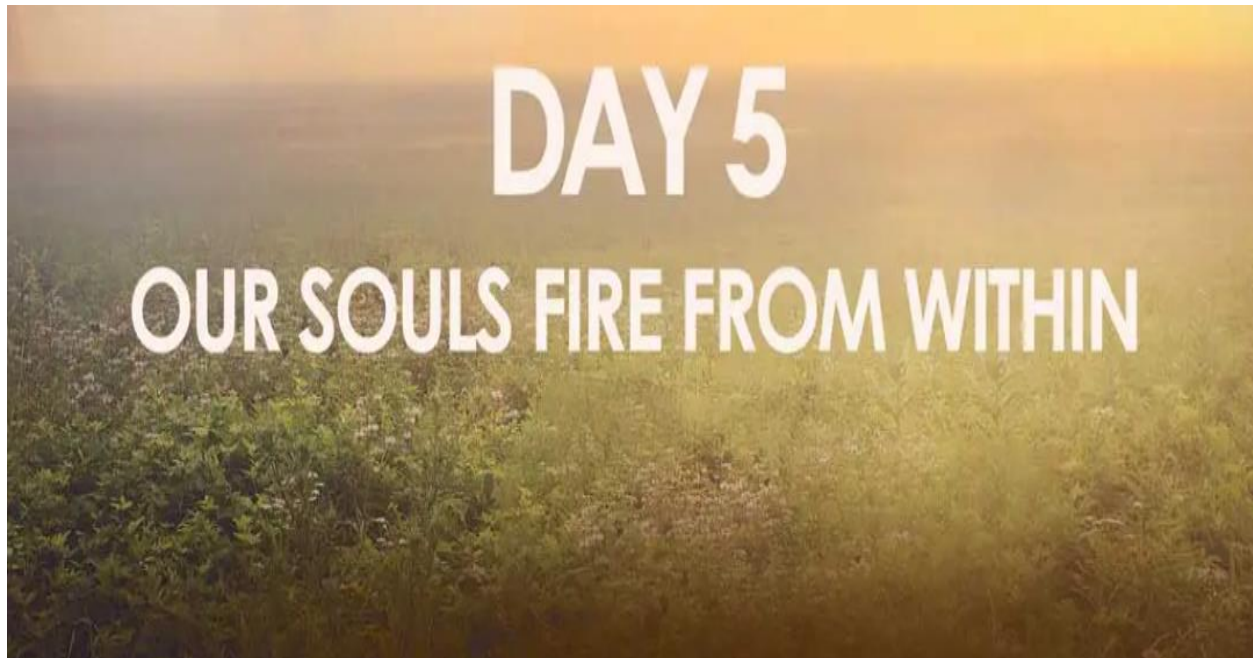
-Daniel 1:11-14 NIV

Devotional

It's not easy to give up things you enjoy or to stop doing things you have grown so accustomed to doing regardless of your status in life. On this journey of praying and fasting, hopefully through your sacrificing of particular food and specific activities, God is strengthening you with His presence. Our focus on Him replaces the things we never thought we could do without as we grow stronger and stronger in spending time with our Lord!

Prayer

Jesus, You are the Center of our Joy because it is so true: all that is good and perfect comes from thee alone! As we continue on this congregation Fast, we thank You for giving us the fortitude and attitude to say "no" to things that we crave and saying "yes" to Your will, "yes" to Your way, and "yes" to Your Word. We recognize the power of prayer and spending time in your Word. We ask for your continual concentration as we focus on You; in the Name of our Lord and Savior, Jesus Christ, we pray, Amen and Amen!



OUR SOULS FIRE FROM WITHIN

In the third year of Cyrus king of Persia, a revelation was given to Daniel (who was called Belteshazzar). Its message was true, and it concerned a great war. The understanding of the message came to him in a vision. 2 At that time I, Daniel, mourned for three weeks. 3 I ate no choice food; no meat or wine touched my lips; and I used no lotions at all until the three weeks were over.

-Daniel 10:1-3 NIV

Devotional

As a believer in Jesus Christ, you desire to grow closer to Him daily. It is through the practice of praying and fasting for spiritual growth and renewal that you can achieve this. The more time you spend in the presence of Almighty God, the more you will desire to be fed from within, for your soul is hungry for Him and Him alone. As a Christian, make sure you develop a thirst to drink from the living waters of the One who burns inside you through the power of the Holy Spirit.

Prayer

Eternal God, Our Father, thank you for reviving my soul as I fast and pray. My heart desires to be like you and be excited about being a child of the King. Enable me to maintain the flames of your joy and allow me to shine bright to those I encounter, for your goodness and righteousness; in Jesus' Name, I pray, Amen!



LORD, HELP MY UNBELIEF

On the twenty-fourth day of the first month, as I was standing on the bank of the great river, the Tigris, 5 I looked up, and there before me was a man dressed in linen, with a belt of fine gold from Uphaz around his waist. 6 His body was like topaz, his face like lightning, his eyes like flaming torches, his arms and legs like the gleam of burnished bronze, and his voice like the sound of a multitude. 7 I, Daniel, was the only one who saw the vision; those who were with me did not see it, but such terror overwhelmed them that they fled and hid themselves.

-Daniel 10:4-7 NIV

Devotional

Often, when challenges come my way, I wonder if God is on my side. I know that intellectually, but inwardly, I ask, "Does He really care about my situation or circumstance? As I progress in this time of praying and fasting, my confidence in God is ever-increasing, and He assures me that through Him, all things are possible, for there is no doubt in my mind in what the Lord can and will do for me!

Prayer

Lord, I thank you for loving me even when I haven't always felt lovable because of my lack of unbelief. You have demonstrated your great love toward me in sending your one and only Son to die just for me. Now, Father, help me always trust you and realize that you are my Supplier, Supporter, and Sustainer as I go about my daily activities. I love you, give you glory, and encourage others to believe in you; in Jesus' Name, I pray, Amen!



PATIENCE TO RUN THIS RACE

8 So I was left alone, gazing at this great vision; I had no strength left, my face turned deathly pale and I was helpless. 9 Then I heard him speaking, and as I listened to him, I fell into a deep sleep, my face to the ground. 10 A hand touched me and set me trembling on my hands and knees. 11 He said, "Daniel, you who are highly esteemed, consider carefully the words I am about to speak to you, and stand up, for I have now been sent to you." And when he said this to me, I stood up trembling.

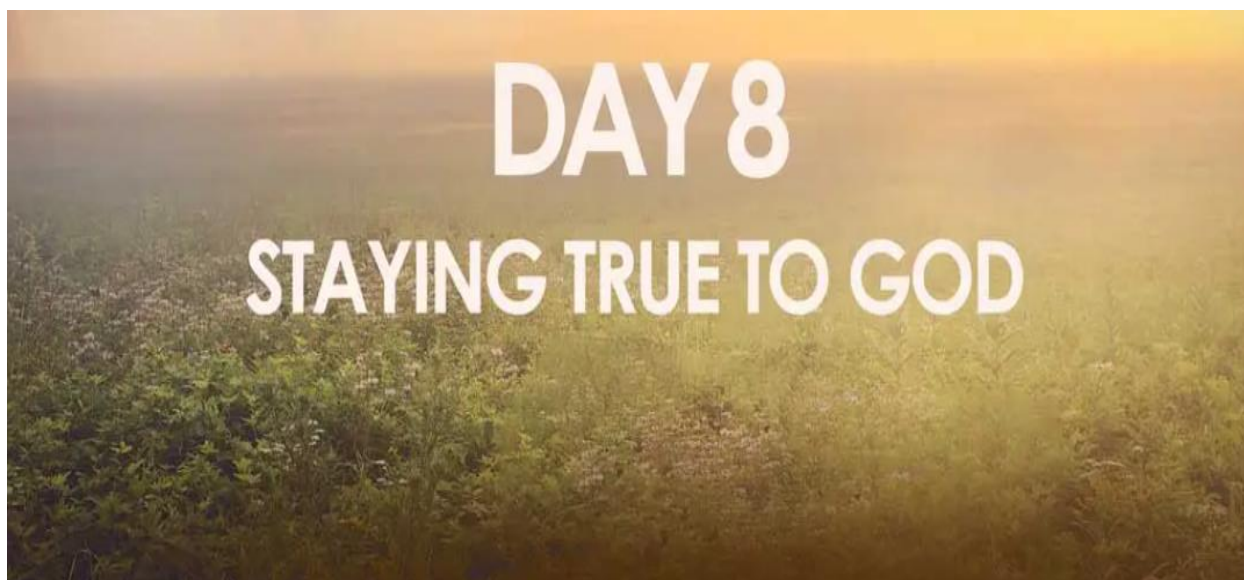
-Daniel 10:8-11 NIV

Devotional

Determination is excellent when one achieves one's goals or objectives in life. As believers in the Lord Jesus Christ, our mission is to live out our faith and stay the course prepared for us. The key is to remain patient and consistent in running the race set before us as we ultimately bring glory to God because He has been patient with us!

Prayer

My Father and God, I cannot thank you enough for helping me through the first week of prayer and fasting. I feel your constant companionship like I have never experienced before; thank you so much. It's just a blessing to have the opportunity to persevere in you through the power of the Holy Spirit. I thank You for never giving up on me and, in return, helping me to be patient with those around me; be my guide, I pray, in the strong and perfect Name of Jesus Christ, my Lord, Amen!



STAYING TRUE TO GOD

12 Then he continued, "Do not be afraid, Daniel. Since the first day that you set your mind to gain understanding and to humble yourself before your God, your words were heard, and I have come in response to them. 13 But the prince of the Persian kingdom resisted me twenty-one days. Then Michael, one of the chief princes, came to help me, because I was detained there with the King of Persia. 14 Now I have come to explain to you what will happen to your people in the future, for the vision concerns a time yet to come." 15 While he was saying this to me, I bowed with my face toward the ground and was speechless.

-Daniel 10:12-15 NIV

Devotional

Ask yourself, "Where or what do you spend most of your time doing?" If you are not careful, this person, place, or thing can become your source of enjoyment or temporary happiness. We mustn't allow things to control our very being: our heart, mind, or soul. All of us, unfortunately, have experienced that at one time along our various pathways.

During this "New Year, New You" prayer and fasting season, take a spiritual inventory of yourself and ensure that you prioritize our God through the perfect work of Jesus Christ!

Prayer

Oh Lord our God, how excellent is thy Name in all the earth! We acknowledge you as our source of everything good and perfect, for no God is like you! Now, Father, so many things are vying for your attention. I pray that You will keep me in the hollow of your hands and not allow me to become distracted by material things or things money; allow the power of the Holy Spirit to saturate all of us to continue to follow You and to choose You over earthly possessions in the blessed Name of Jesus Christ, Amen!



TAKE ME BACK DEAR LORD

16 Then one who looked like a man touched my lips, and I opened my mouth and began to speak. I said to the one standing before me, "I am overcome with anguish because of the vision, my Lord, and I feel very weak. 17 How can I, your servant, talk with you, my Lord? My strength is gone and I can hardly breathe." 18 Again the one who looked like a man touched me and gave me strength. 19 "Do not be afraid, you who are highly esteemed," he said. "Peace! Be strong now; be strong." When he spoke to me, I was strengthened and said, "Speak, my lord, since you have given me strength."

-Daniel 10:16-19 NIV

Devotional

There is nothing like a special feeling or emotion that brings happiness to one's life, possibly a marriage, the birth of a first child, a new career, etc. These are days we, most likely, will never forget. One special day I fail to mention is when I gave my life to the Lord, Jesus Christ, and the overwhelming joy that filled my heart and soul. With so many problems and issues around us, every now and then, think back to that wonderful time when Jesus came into your heart to save you, and know today that He is always with you!

Prayer

On this day, Lord, I thank you for the gift of remembering as I recall the day I gave my life to your Son and my Savior Jesus Christ! Indeed, it was a day of rejoicing as I dedicated myself to you in total adoration and submission. Father, when the pressures of life seek to steal my contentment, remind me of Your great love for me in that Jesus died just for you and me. Please help us to worship you despite our situation and circumstances. We know that You alone are worthy, and there is none like You; in Christ Jesus' Name, I pray, Amen!



TRUST AND OBEY

If you fully obey the Lord your God and carefully follow all his commands I give you today, the Lord your God will set you high above all the nations on earth. 2 All these blessings will come on you and accompany you if you obey the Lord your God: 3 You will be blessed in the city and blessed in the country. 4 The fruit of your womb will be blessed, and the crops of your land and the young of your livestock—the calves of your herds and the lambs of your flocks. 5 Your basket and your kneading trough will be blessed. 6 You will be blessed when you come in and blessed when you go out.

-Deuteronomy 28:1-6 NIV

Devotional

Obedience, for me, can be challenging at times because there are times when I want to do it my way, and I don't want to answer anyone. While most of us have difficulty admitting this, if we are honest, we find ourselves feeling this way. However, there are great benefits in your obedience to God, such as the blessing of the city and the blessing of those things that you put your hands to do based on God's promises here in Deuteronomy. If we trust and obey, we will experience great happiness in Jesus Christ!

Prayer

Lord, I submit myself to you right now because You are my God; You are my Strength and Shield; I praise Your Holy Name! Father, I pray that you will increase my faith. Let me be a willing vessel for You and know that You are a rewarder if I diligently seek after You in all things. We love you, Jesus, and give your name praise, Amen!



WHAT A FELLOWSHIP

"But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us."

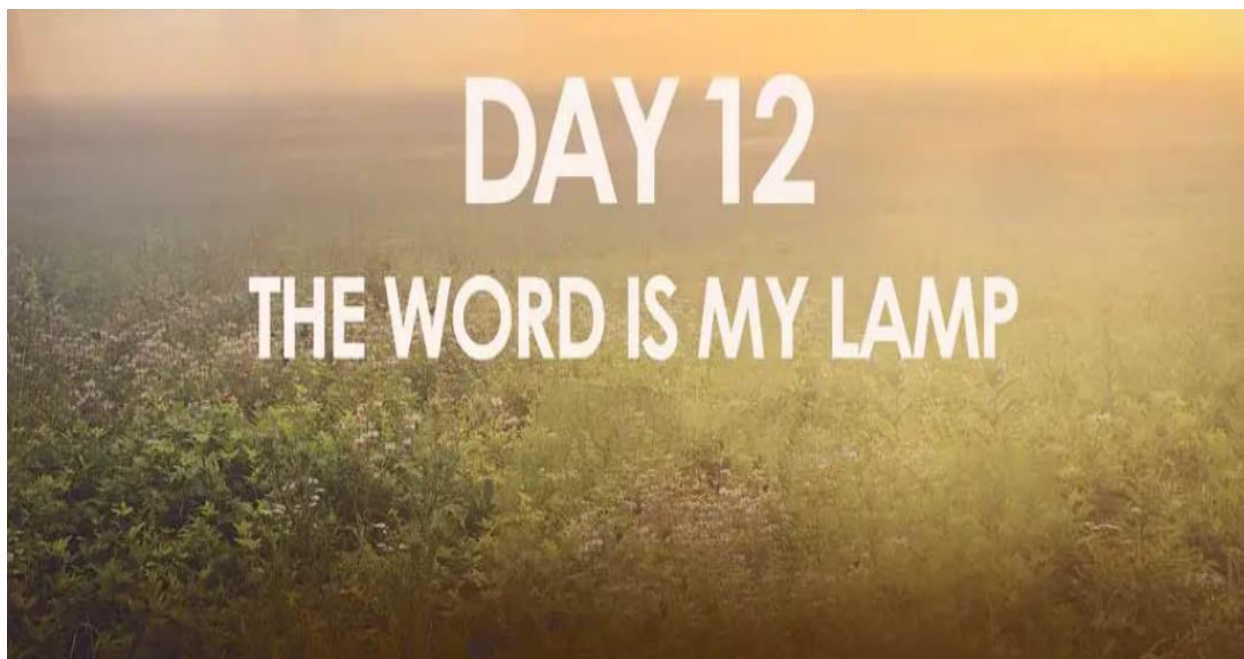
-Romans 5:8 NIV

Devotional

Have you considered how much God loves you? Do you really know and understand how valuable you are to Him? I appreciate that God sought and bought me with the redeeming blood of His Son, Jesus Christ. He desires to build our relationship with one another because He has already done the work, but it is up to you, and I seek to grow this relationship with Him by spending time with Him. Hopefully, through this time of prayer and fasting, as we worship and praise His Holy Name, we will grow in true fellowship with our God!

Prayer

Our Father, who art in Heaven, Holy is thy righteous and glorious Name! We thank you for your desire to fellowship with us and help us never take that for granted, for you loved us and sought us even when our minds were set on the trivial things of this world. I thank You that You never gave up on me, and I thank You that we can commune and fellowship with You through prayer, fasting, and the reading of Your Word; thank You for loving me; in that Name of Jesus, we pray and ask it all, Amen!



THE WORD IS MY LAMP

97 Oh, how I love your law! I meditate on it all day long. 98 Your commands are always with me and make me wiser than my enemies. 99 I have more insight than all my teachers, for I meditate on your statutes. 100 I have more understanding than the elders, for I obey your precepts. 101 I have kept my feet from every evil path so that I might obey your Word. 102 I have not departed from your laws, for you yourself have taught me. 103 How sweet are your words to my taste, sweeter than honey to my mouth!

-Psalm 119:97-103 NIV

Devotional

The Holy Scriptures, God's heartfelt letter to humanity, are vital in nurturing our faith as followers of the Lord Jesus Christ. Within these pages lies the breath of life, imparting encouragement and offering correction with the gentle touch of a loving parent. For me, the Bible is more than a book; it is a guide, a roadmap, a GPS, and a compass, providing direction and wisdom on my journey through this vast and challenging world.

Prayer

God of Heaven, thank you for showing me the way from temporal to eternal through understanding your Word! Because the Word became flesh and lived among us in the person of Jesus Christ, we know there is life and liberty in your Word. We thank you for this Inspired letter that is so powerful and impactful that we need it every hour of every day. Father, remind us of the importance of reading and studying the Bible for application to our lives as we grow in the grace and knowledge of your Son Jesus; I pray, Amen, and Amen!



PRAYING IN RIGHTEOUSNESS

7 Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow. 8 Let me hear joy and gladness; let the bones you have crushed rejoice. 9 Hide your face from my sins and blot out all my iniquity. 10 Create in me a pure heart, O God, and renew a steadfast spirit within me.

-Psalm 51:7-10 NIV

Devotional

The Word of God is paramount concerning praying and fasting as we learn the scriptures for our spiritual growth. Psalm 51 is a prayer often read during times of fasting because of its strong desire to fill every fiber of my soul with the presence of God. The words here reflect one who needs a change and desires to move toward godliness and goodness. This petition to God reminds me that my righteousness does not compare to God's righteousness, and my goal is to live a life that is pleasing in His sight.

Prayer

Everlasting Father, I stretch my hands to thee; order my steps in your Word and the things of righteousness. I love you and give you glory for who You are. You are the Rock of my Salvation! Lord, I aim to strive for a pure heart and renewed spirit to be all You want me to be. Now, I pray that You will allow Your light to shine through me so that those around me may have a glimpse of You as the "Great I Am." God, touch me and search my heart and remind me that I walk and live my faith, in the Name above all names, Christ Jesus, I pray, Amen!



TAKING A STAND

7 I, Daniel, was the only one who saw the vision; those who were with me did not see it, but such terror overwhelmed them that they fled and hid themselves. 8 So I was left alone, gazing at this great vision; I had no strength left, my face turned deathly pale and I was helpless. 9 Then I heard him speaking, and as I listened to him, I fell into a deep sleep, my face to the ground. 10 A hand touched me and set me trembling on my hands and knees. 11 He said, "Daniel, you who are highly esteemed, consider carefully the words I am about to speak to you, and stand up, for I have now been sent to you." And when he said this to me, I stood up trembling. 12 Then he continued, "Do not be afraid, Daniel. Since the first day that you set your mind to gain understanding and to humble yourself before your God, your words were heard, and I have come in response to them.

-Daniel 10:7-12 NIV

Devotional

There is a saying, "If we don't stand for something, we will fall for anything." As Christians, we stand on the promises of God as we engage in the evils of this world. I am reminded that I do not stand alone because our God is always with me. Because the corruption of this world cannot match His power, victory is secured because Jesus Christ has already overcome and defeated the enemy; thereby, we stand still and firm with our God as our Shield and stronghold.

Prayer

Father, You are King of Kings and Lord of Lords! For there is no power, no flesh and blood that can stand against You; for You are mighty and God all by yourself! I humble myself at your feet and know that You can keep me from falling as I stand against the wiles of the evil one who seeks to steal my joy. Allow your Spirit to protect and provide what I need to stand still in You and You alone, in Jesus' Name, Amen!



THE MESSAGE OF THE GOSPEL

15 He said to them, "Go into all the world and preach the gospel to all creation. 16 Whoever believes and is baptized will be saved, but whoever does not believe will be condemned.

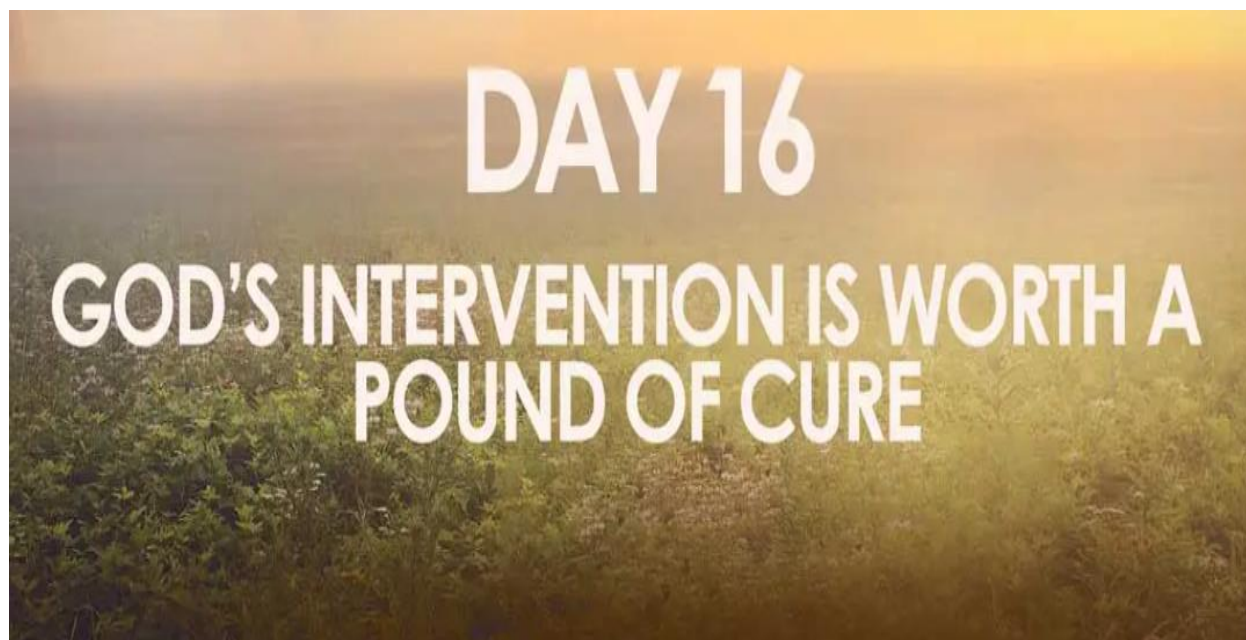
-Mark 16:15-16 NIV

Devotional

Every organization or company has a mission statement that defines the goals and objectives of a particular entity. Even our Lord and Savior, Jesus Christ, had a mission statement based on Luke 19:10 in which the 'Son of Man came to seek and save that which was lost.' As a Christian, that message becomes my declaration as a follower of Jesus to share the Good News of the Gospel with those in my concentric circle. The Gospel message offers eternal life for those who believe that Jesus died on the cross and was buried in a borrowed tomb, but He was raised to defeat hell and the grave. That's why, as the songwriter says, "Go tell it on the mountain, over the hills and everywhere; go tell it on the mountain that Jesus Christ is born!"

Prayer

Eternal God, You are our everlasting Father and our Prince of Peace through Jesus Christ, our Lord! We acknowledge your Son as the one in whom we believe and placed our faith as a result of His suffering on the cross to die for our sins. We hold to Him, knowing He did it "just for me." Now, Father, incline our hearts and minds to share the message of hope with those who recognize your Son as Lord and Savior. Lord, speak to our inner being to trust You as we share what You have done for us; we give You all the praise, and we give You all the glory in the power, precious Name of Jesus, who paid it all for me, we pray, Amen and Amen!



GOD'S INTERVENTION IS WORTH A POUND OF CURE

13 "When I shut up the heavens so that there is no rain, or command locusts to devour the land or send a plague among my people, 14 if my people, who are called by my Name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

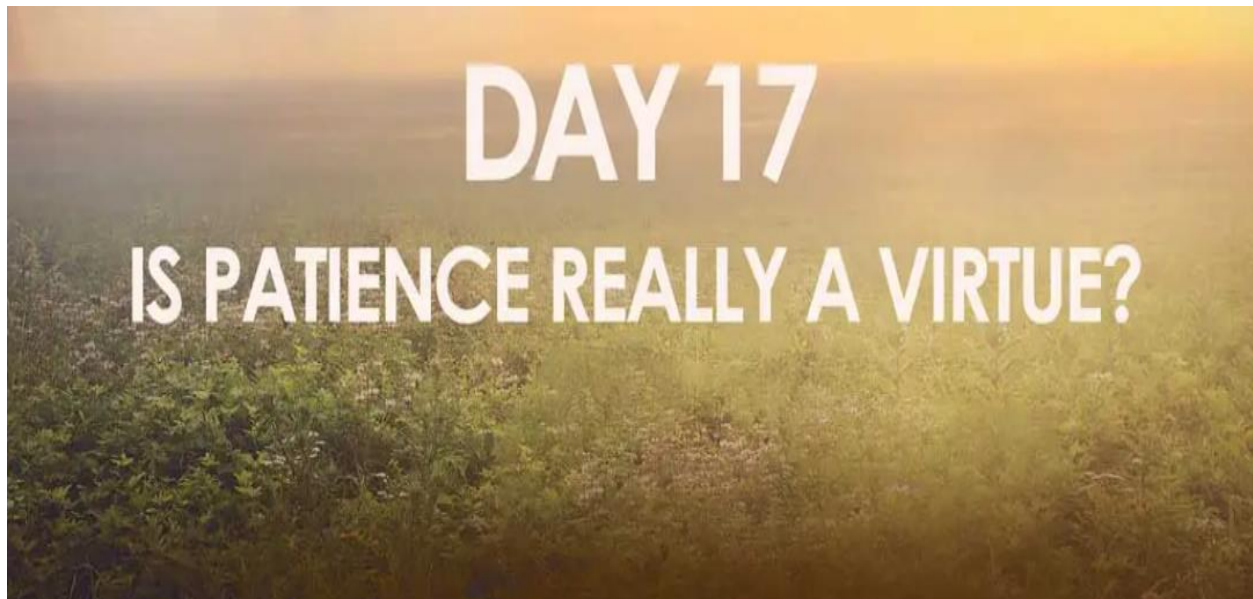
-2 Chronicles 7:13-14 NIV

Devotional

As we continue on this journey of Fasting and Praying, I believe God is speaking to us to draw closer to Him amid so much turmoil that is raging all around us. God desires to intervene for us and to trust Him to handle the troubles of this world. The issue, based on Verse 14 of 2 Chronicles chapter 7, rests in my dependence upon Him in calling on His Name with humility while acknowledging Him as the source of my life as I let go and allow Him to rule and reign; in other words, His intervention will cure a lot of ills of this world.

Prayer

In the times we are experiencing, Lord, it is evident that we need your guidance and direction. We thank You for Your uncompromising Word that reminds us here in 2 Chronicles to seek You and let go of our selfish ways because You desire to bring healing and wholeness to our land and personally to everyone. Father, I pray that you will allow this passage of scripture to saturate me from my head to my feet; in Jesus' Name, I pray, Amen.



IS PATIENCE REALLY A VIRTUE?

When the day of Pentecost came, they were all together in one place. 2 Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. 3 They saw what seemed to be tongues of fire that separated and came to rest on each of them. 4 All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.

-Acts 2:1-4 NIV

Devotional

It is said that Patience is a virtue, but let's face it: none of us really like waiting, especially when it applies to something that we really want. I recall hearing a story about a professor who had this rock on his desk, with the description carved into the rock, saying, "Patience is a virtue." When asked about it, the professor replied, "It's a reminder to be patient as a rock." In other words, stay grounded and rooted in God and continue to trust Him regardless of the situation or circumstance, even when you want to pick the rock and throw it at something or someone (smile).

Prayer

Lord Jesus, as we are reminded of Acts 2, at the beginning of the New Testament church, great things can happen if we don't get ahead of ourselves and trust you in the process. We thank you for the gift of Spirit, and help me to never take that for granted. Now, Father, as we wait on various things and issues that we have been praying for, let us know that waiting is a matter of who I am trusting, the penetrating power of Jesus Christ, our Rock, and my Redeemer. I pray, Amen!



LESS OF ME AND MORE OF THEE

30 He must become greater; I must become less.” 31 The one who comes from above is above all; the one who is from the earth belongs to the earth and speaks as one from the earth. The one who comes from heaven is above all.

-John 3:30-31 NIV

Devotional

Have you heard the saying, “In order to go up, you must take a down?” In other words, we all want to rise to the occasion, but sometimes, to do that, we make sacrifices and take the focus on ourselves and place it on others. As we fast and pray, where is your focus? Is it merely on me or those who need to hear a word from me? Each day, I believe we can achieve great heights in our walk as Christians if we allow others in need to be our priority; as you lift someone, know that God is elevating you up and even higher!

Prayer

Most Holy God, we ask afresh that You will help us to see the needs of those who live on the margins of life. As I decrease my wants and desires, fill me with your presence where I can be salt and light to those around me. Enable me to display Your love, peace, and care because I am an ambassador for Jesus Christ; thank you for this great opportunity afforded to me; in the Name of Him, I pray, Amen!



THE FEAR FACTOR

4 Rejoice in the Lord always. I will say it again: Rejoice! 5 Let your gentleness be evident to all. The Lord is near. 6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. 8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

-Philippians 4:4-8 NIV

Devotional

We all go through moments, from time to time, where we are worried, afraid, and fearful. Fear has a way of paralyzing us, and we really don't know what our next move should be. Paul reminds us in this passage not to worry or panic because someone is closer than a brother. He says The Lord is near in Verse 5 of Philippians chapter 4. In addition, He says rejoice; in other words, don't worry, be happy. It is good to know that you and I are not alone because our Lord, our God, is near and dear to us!

Prayer

Father, we thank you for being near to all of us, and because of your presence, I can feel safe and secure. Thank you for your ever-present help in times of trouble and tribulation. Thank you for giving us a sound mind and not a fearful disposition because of your love for us. Now, Lord, each and every day, put up in a position to know that You are God, and there is no failing in thee as you trust in Jesus' Name; I pray, Amen!



WHAT THE WORLD NEEDS NOW

34 "A new command I give you: Love one another. As I have loved you, so you must love one another. 35 By this everyone will know that you are my disciples if you love one another."

-John 13:34-35 NIV

Devotional

Judges make decisions day in and day out on the validity of one's guilt or innocence. Ironically, the Bible plays a role because those called to testify in court cases must swear on the Bible to tell the truth. Jesus says in this passage from the Bible in John 13 that He can know if you are a disciple of his based on your love for one another.

Prayer

Heavenly Father, we know it isn't always easy to love some people, yet You have given us access to the Holy Spirit to love those deemed unlovable. Lord, show us how to love and spread and share love with those desperately in need of comfort and care. Remind us of the importance of caring for those who may have turned their backs on us and lead us to be willing vessels to help others regardless of ethnicity or spiritual beliefs because we are all God's creation; in the Name of Jesus, I pray, Amen!



THE KING OF HEART

25 On one occasion an expert in the law stood up to test Jesus. "Teacher," he asked, "what must I do to inherit eternal life?" 26 "What is written in the Law?" he replied. "How do you read it?" 27 He answered, "'Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind' [a]; and, 'Love your neighbor as yourself.' 28 "You have answered correctly," Jesus replied. "Do this and you will live."

-Luke 10:25-28 NIV

Devotional

Well, we have made it; our last day of this Fast, and our emphasis is on the One who we worship, the One who we praise, the One who stood where I should have been standing, the One who carried all of my baggage of sins as well as everyone else to the cross and died but remember the Gospel message: He died, buried, but He rose again with all power in Him. By virtue of our faith in Him, we have everlasting life when we are off this stage on this side, and we will live with Him forever. By reason alone, I commit to loving Him with all my heart, mind, and soul. However, we cannot love God and hate those around us, including myself. We can never forget what God has done for us through Jesus Christ, for He is the King of our hearts!

Prayer

Lord, what a mighty God we serve! We thank you for this time of spiritual growth and renewal; I feel the energy and strength from you being with me as we have journeyed these past 21 days of this Fast. I know You are real because You reside in my heart, and I love You and give You glory, honor, and praise! There is no one like you; nothing compares to your greatness, and I worship you with my whole heart, mind, and being. We love you, and we adore you for being our God, Supporter, Supplier, and Sustainer in the mighty, matchless, and marvelous Name of your darling Son, Jesus Christ, our Lord; Amen and Amen.